

# FROM HEALTHCARE TO HEALTH



Timo Lappi - Heltti Oy

@tilapit @HelttiHealthy

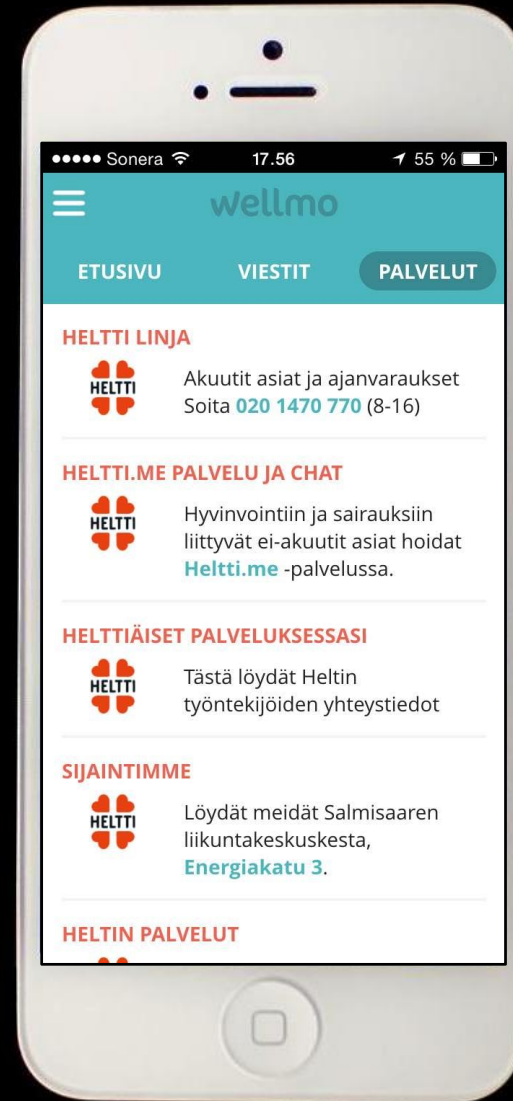
D.Day for Wellbeing and Health Industries 11.5.2017



# SOMETHING OLD, NEW, BORROWED, BLUE...



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*Let's stop discussing healthcare*

*...and start focusing on health*

*–Bernard J. Tyson*





**FROM REACTIVE HEALTH CARE...**

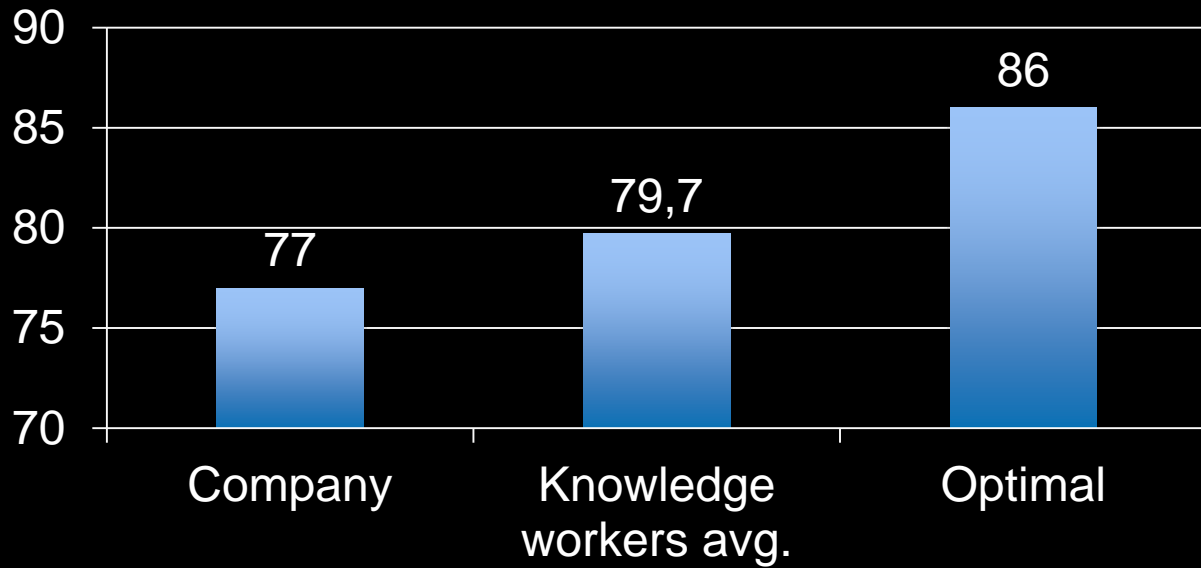




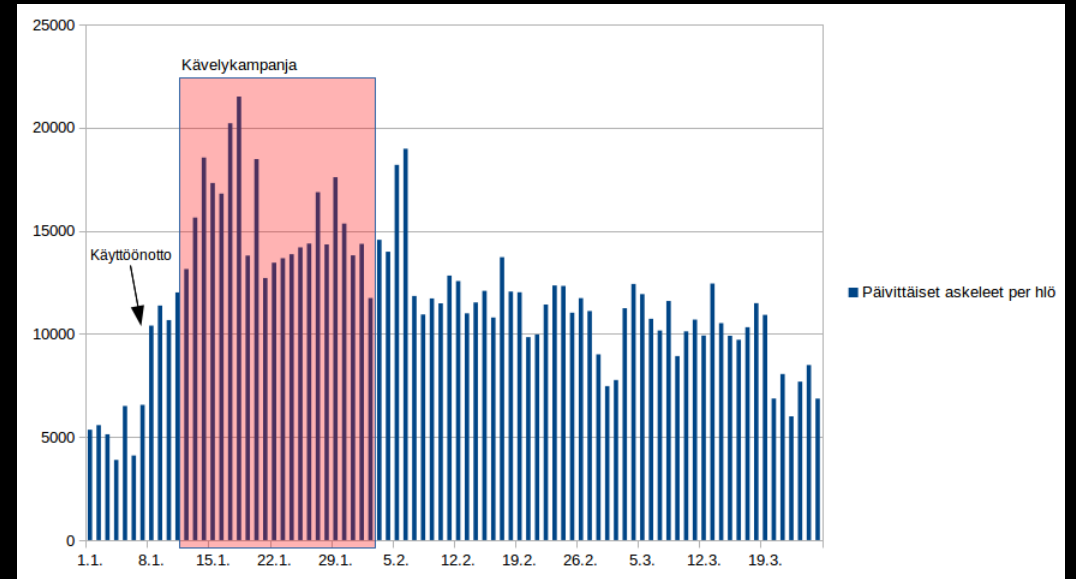


**...TO PREVENTIVE HEALTH SERVICES**

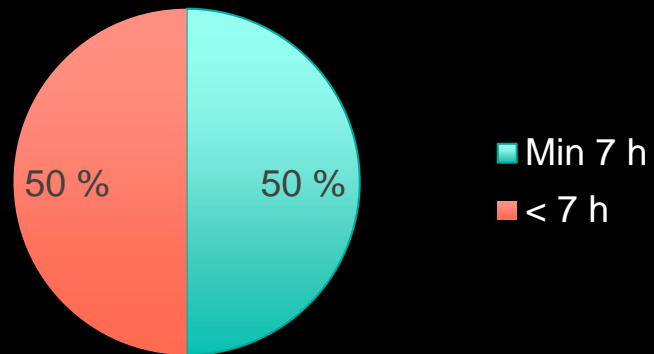
## Life expectancy with current life style



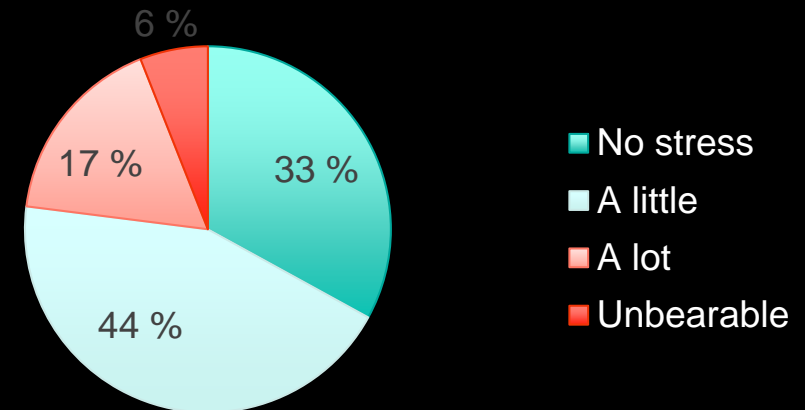
## Activity



## Sleep



## Stress



*”If you want to know, how your company did yesterday, look at the financial statements.*

*If you want to know, how your company does today, look at your customers.*

*If you want to know, how your company will do tomorrow, look at your employees”*

*- Ravistajat*





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